



[www.sokolbaltimore.org](http://www.sokolbaltimore.org)

## **Now Hiring Fitness Instructors (Various Activities) at Sokol Baltimore**

**Sokol Baltimore** is a nonprofit gymnastics, fitness, and community organization that was founded in East Baltimore in 1872. We're dedicated to promoting personal and community health by offering affordable gymnastics, fitness, educational and cultural activities for all ages. We give hundreds of children a fun & safe environment after school and our programs are a frontline defense to help combat the obesity epidemic.

We're in search of energetic and reliable fitness instructors to join our team! Multiple part-time positions available starting August 2014 when we open our new facility.

### **Description**

Now hiring fitness instructors of all kinds for all ages! Yoga, dance, cheer, Pilates, cardio and more. Let us know your specialty because we may have a place for you to share your talents at Sokol Baltimore! We create our class schedule based on the availability of our teachers. Teach 1 class per week or teach as many as you like!

### **Roles and Responsibilities**

- Lead and manage classes for groups of children or adults of varying skill levels
- Attend staff meetings and trainings, as specified
- Learn and demonstrate at all times appropriate supervision techniques for your identified specialty
- Facilitate a positive, supportive and fun learning environment
- Create a structured setting by following lesson plans and by communicating clear expectations and limits
- Engage participants and support their mental, physical and emotional wellness
- Other duties as assigned

### **Qualifications**

- Must have experience leading groups of children and/or adults
- Previous experience as a fitness instructor preferred but not required
- Ability to relate and communicate positively with parents and community members
- Must have or be willing to obtain current CPR, AED, First Aid and other related certifications as required for each specialty
- Must pass a criminal background check
- High school diploma or GED preferred
- Will consider applicants who are 16-17 years-old and have previous experience in fitness instruction

### **Benefits**

- Free access to equipment during adult open gym sessions (\$10/session value)
- Flexible scheduling
- Compensation for select trainings and certifications
- Free membership to Sokol Baltimore and American Sokol (\$60/year value), which includes member discounts, invitations to members-only events and eligibility to participate and vote in unit meetings
- Opportunities to perform and compete at local, regional and international Sokol events for adults of all ages and skill levels
- Chance to participate in one of the oldest nonprofits in Baltimore and be a part of our exciting growth opportunities for the future

Please email resume and references to [info@sokolbaltimore.org](mailto:info@sokolbaltimore.org).